





Our FREE guide to healthy and more radiant skin.



OS Oily Skin



Why is my skin so oily?

Your pores produce an oily substance known as sebum. This greasy material is secreted by small sacs called "sebaceous glands," sprouting off pore walls deep within your skin. As sebum flow increases, pores must open wider, so the mouth of the pore appears larger at its opening on your skin's surface. Driving sebum production are the hormones progesterone and testosterone, both of which are stronger during your teens and often into your 20s, 30s and sometimes beyond especially in men. These hormones kick sebaceous glands into high gear. When groups of sebum-releasing pores collect in one spot, skin takes on a greasy, "orange peel" look.

If you have oily skin, you probably have:

- · Surface shine, even shortly after washing
- Enlarged and blocked pores, with occasional breakouts
- "Orange peel" skin, especially on and around your nose, cheeks, forehead, and/or chin

Contact me today, and let's get started on your anti-aging, health and beauty journey!

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Oily Skin



Our suggested treatments for oily skin:

- Cleansers
- Exfoliants
- **Toners & Mists**
- Eye Care
- Masques



Everyday, I strive to live an awesome and unfiltered life and I want to help others do the same!

I have over 30 years experience as a Medical Esthetics expert.

My Anti-Aging Beauty Program is exactly what you need to finally make positive changes in your life and reach your full potential. In no time at all, you'll be living your healthiest life and achieving the happiness you've been dreaming of.

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